

Panini's or Wraps

All served with salad garnish and fries or sweet potato fries

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| Tuna, mayo, mild cheddar cheese, red onions | £5.95 |
| Grilled chicken, bacon, and cheddar with tomato | £6.75 |
| Roasted peppers, pesto and melted mozzarella (v)(n) | £5.95 |
| Bacon, brie, & tomato | £6.30 |

Your Choice

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| Panini, Wrap, or Omelette – Fillings of your choice served with fries and salad garnish <u>Fillings:</u> onion, mushroom, bacon, chicken, cheddar, brie, prawns, sausage, avocado, mozzarella, tomato, tuna, parmesan, sweetcorn, Halloumi £1.50 per filling | £3.50 |
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| Spicy Chicken Fajita Wrap – Mixed peppers, onions, salsa, & guacamole | £8.00 |
| Chicken Caesar Wrap – Grilled chicken, lettuce, Caesar dressing & parmesan – with fries | £6.50 |
| Ultimate Caesar Wrap – Grilled chicken, bacon, egg, lettuce, Caesar dressing & parmesan – with fries | £7.50 |
| Freshly Baked Jacket Potato – Filling of your choice & a side salad | £4.50 |
| <u>Fillings:</u> Chicken, bacon, tuna and sweet corn, chilli con carne, cheddar cheese, mushroom, onion | |

Gourmet Burgers and Sandwiches

All served with fries or sweet potato fries

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| Club Sandwich – Chargrilled chicken, tomato, bacon, fried egg, mayo & salad (White or Brown Bread) | £8.00 |
| Gourmet Burger – Tomato, lettuce & relish 100% beef | <u>Single</u> £8.25 |
| | <u>Double</u> £11.25 |
| Bacon & Avocado Gourmet Burger – lettuce & relish | £10.50 |
| BAR 1 Burger – Cheddar cheese, bacon, onion, mushroom and chilli | £11.50 |
| Chargrilled Chicken Burger – Tomato, onion and lettuce | £8.50 |
| BAR 1 Chicken Burger Grilled chicken breast, bacon, chilli, lettuce and relish | £10.95 |

Pasta Bank

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| Spaghetti Carbonara – Rich sauce made with cream, and white wine, with smoked bacon | £8.50 |
| Chefs Special Pasta – Penne arrabiata with chicken, bacon and mushrooms | £9.50 |
| Spaghetti Bolognese – Traditional bolognese sauce | £8.50 |

Salads

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| Grilled Chicken Caesar Salad – Parmesan shavings and croutons, | <u>Small</u> £5.75 |
| | <u>Large</u> £7.95 |
| Ultimate Caesar Salad – Cos lettuce, grilled chicken, crispy bacon, croutons, egg, and Parmesan shavings | £9.50 |
| Tuna Niçoise Salad – Tuna steak, fresh lettuce, potatoes, olives, capers, green beans, and boiled egg | £11.95 |

TAPAS £5.00 each – Dining offer does not apply

Pan Catalan

rustic bread with tomato

Pan de Ajo

spanish garlic bread

Homemade Chips

chips with garlic and parmesan

Alitas de Pollo Picante

chicken wings

Patatas Alioli

fried potatoes with alioli

Berenjenas

roasted aubergine with melted cheese

Gambas all Ajillo

prawns in white wine & garlic sauce

Aceitunas

green and black marinated olives

Costillas de Cerdo

spare ribs marinated in red wine and honey

Champiñones all Ajillo

sauté button mushrooms in white wine & garlic sauce

Chanquetes

fried whitebait

Patatas Bravas

chunky cubed potatoes in spicy tomato sauce

Calamares Fritos

fried squid with alioli

Chorizo

grilled chorizo in brandy flame

Costillas de Cordero

grilled lamb cutlets (2)

Arroz con pollo

spanish rice with chicken, prawns and peas

Halloumi

grilled halloumi

Bread & Oil £2.50

homemade bread with olive oil and balsamic vinegar

Pizza Oven

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| Margherita – The all time classic | £5.95 |
| American – Mozzarella and pepperoni | £7.50 |
| American Hot - Mozzarella, pepperoni, and jalapeno peppers | £8.50 |
| Meat Feast - Mozzarella, bacon, sausage, chicken, and pepperoni | £8.95 |
| Mediterranean (V) – Mediterranean vegetables, artichoke & buffalo mozzarella | £9.95 |
| Chefs Special Calzone - Chicken, pepperoni, mixed peppers, mushrooms, mozzarella, tomato sauce, topped with parma ham | £11.50 |
| Rucola Prosciutto – Parma ham & rocket | £8.50 |

STARTERS

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| Prawn & Avocado Cocktail – Rose-marie sauce on a bed of cos lettuce | £5.50 |
| Deep Fried Brie – Red currant sauce | £5.50 |
| BBQ Ribs – Slow cooked in our homemade BBQ sauce | £5.50 |
| Garlic Bread – Oven baked pizza base, lightly drizzled with garlic, herbs & olive oil | £4.50 |
| With mozzarella | £4.95 |
| With mozzarella and tomato sauce | £5.50 |
| Vegetarian Bruschetta – Toasted bread with garlic, herbs, tomatoes and avocado | £4.95 |
| Pate – Red onion marmalade and toasted bread | £4.50 |
| Rocket & Parmesan Salad – drizzled with olive oil and balsamic vinegar | <u>Small</u> £3.50 <u>Large</u> £4.95 |
| Tomato, Mozzarella & Avocado Salad – a basil dressing and balsamic glaze | <u>Small</u> £4.50 <u>Large</u> £6.50 |

MAIN COURSE

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| Spaghetti Bolognese - Traditional bolognese sauce | £8.50 |
| Spaghetti with cream and parmesan sauce with King prawns | £11.95 |
| Spaghetti Carbonara – Traditional white wine and cream sauce with smoked bacon | £8.50 |
| Chefs Special Pasta – Penne in arrabiata sauce with, chicken, bacon & mushrooms | £9.50 |
| Vegetarian Pasta – Penne pasta with cherry tomatoes, mushrooms, basil & mozzarella cheese | £8.50 |
| Penne Pasta Salad – rocket, cherry tomatoes, olives, red pepper, mozzarella with lemon & olive oil | £7.50 |
| Lamb Cutlets - with saute potatoes, rocket and mint sauce | £12.50 |
| 8oz Fillet of Beef – with homemade chips (with garlic & parmesan) & either peppercorn or red wine sauce | £16.95 |
| Sirloin Steak – with homemade chips (with garlic & parmesan) & either peppercorn or red wine sauce | £13.95 |
| Lamb Shank – rosemary, garlic, served with mash and a red wine demi-glace | £12.50 |
| BBQ Ribs – Slow cooked in our homemade BBQ sauce | £9.95 |
| French Cut Chicken – & parma ham with a Dijon mustard & cream sauce with saute potatoes | £9.95 |
| Beer Battered Haddock – with homemade Chips mushy peas and tartare sauce | £9.50 |
| Homemade Beef Lasagne – served with a side salad | £9.95 |
| Fillet of Tuna – with med veg, served with tomato lime and coriander salsa | £12.50 |
| Whole Seabass – grilled with chilli, ginger, coriander, lemongrass and garlic, with saute potatoes | £12.50 |
| King Prawn Skewer – grilled with exotic spices served with saute potatoes and tender stem broccoli | £12.95 |
| Chicken Skewer marinated in prir piri sauce and exotic spices with saute potatoes | £9.95 |
| Fillet steak skewer grilled with exotic herbs and spices served with saute potatoes | £16.95 |
| Paella de Mariscos – Seafood Paella with prawns, & baby squid (For 1 or 2) | <u>For 1</u> £12.50 <u>For 2</u> £21.50 |
| Paella De Carne – Chicken and Chorizo (For 1 or 2) | <u>For 1</u> £12.50 <u>For 2</u> £21.50 |
| Paella Verduras – Vegetarian Paella made with vegetables of the day (For 1 or 2) | <u>For 1</u> £9.25 <u>For 2</u> £14.25 |

Please allow 25 mins cooking time